

# RECIPE FOR LOVE

**Time honoured aphrodisiacs, kept secret by many cultures around the world, are part of our selection of tempting and delicious libido boosting creations.**



**Asparagus** is high in Vitamin E which is considered a sex hormone stimulant. Combine it with celery, which contains androsterone, a powerful male hormone, and the effect can be explosive. **Caesar salad with fresh asparagus and celery** | \$16.0



**Pine Nuts** have a reputation throughout the Mediterranean as one of the most effective ways to stimulate the libido in both sexes. **Warm Belgian waffles with chocolate and toasted pine nuts** or **bowl of roasted pine nuts** 200gms | \$16.0



**Ginger** was widely thought to be an aphrodisiac in ancient Europe as it has the effect of relaxing the muscles. **Ginger, banana, strawberry and champagne shots** 150mls x 4 | \$9.0



**Oysters** have long been known as an aphrodisiac with raw oysters containing phosphorus, iodine and zinc. This combination of elements guaranteed to put you in the mood for love. **15 Oysters** | \$75.0



**Ginseng Root** is believed by the Chinese to be the 'elixir of life' and commonly consumed, whilst in Korea it is taken to increase the libido. **Ginseng, banana, pineapple, orange, lime and coconut smoothie** 500mls | \$9.0



**Chocolate dipped strawberries** as well as being delicious, is also a quick source of energy. Scientists believe that chocolate arouses the same feelings that people get when they are in love. **Fresh strawberries covered in fine quality chocolate** | \$12.0



**Ginkgo Nuts** increase the blood flow in the body, especially in the brain, to heighten of all the senses. **Ginkgo nut brûlée** | \$12.0

**Add to the enjoyment of your stay with temptations that combine delicious tastes with the wisdom of the ages. Please call Room Service to arrange.**



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*... Exceptional in every sense*

All menu items are subject to seasonal availability.  
Menu items and prices are correct at time of publishing, but may be subject to change.